

Safety from All Harms

Read the following du‘ā morning and evening thrice

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ، وَلَا
فِي السَّمَاءِ، وَهُوَ السَّمِيعُ الْعَلِيمُ (أبو داود، الترمذي، ابن ماجه)

Translation: In the name of Allāh, with Whose Name nothing in the earth nor in the sky can do any harm. He is the All-Hearing, All-Knowing.

Virtue: Whoever reads this will be protected from sudden calamities and all harm.

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1-2020/03

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A Protection from All Harm

Read morning and evening once
(preferably 3 times)

Du'ā of Sayyidunā Anas رضي الله عنه

بِسْمِ اللَّهِ عَلَى نَفْسِي وَرَيْبِي، بِسْمِ اللَّهِ عَلَى مَا أَعْطَانِي رَبِّي عَزَّ
وَجَلَّ، بِسْمِ اللَّهِ عَلَى أَهْلِي وَمَالِي، اللَّهُ أَكْبَرُ، اللَّهُ رَبِّي، اللَّهُ أَكْبَرُ،
اللَّهُ رَبِّي، لَا أُشْرِكُ بِهِ شَيْئًا، أَجْرَنِي مِنْ كُلِّ شَيْطَانٍ رَّجِيمٍ، وَمِنْ
كُلِّ جَبَّارٍ عَنِيدٍ، إِنَّ وَلِيَّيَ اللَّهُ الَّذِي نَزَّلَ الْكِتَابَ، وَهُوَ يَتَوَلَّى
الصَّالِحِينَ، فَإِنْ تَوَلَّوْا فَقُلْ حَسْبِيَ اللَّهُ، لَا إِلَهَ إِلَّا هُوَ، عَلَيْهِ تَوَكَّلْتُ
وَهُوَ رَبُّ الْعَرْشِ الْعَظِيمِ (الدعاء للطبراني)

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Upon Becoming Aware of Another's Affliction

Read upon seeing or coming to know of any person suffering from any affliction, be it an illness, hardship or even sin

الْحَمْدُ لِلَّهِ الَّذِي عَافَانِي مِمَّا ابْتَلَاكَ بِهِ، وَفَضَّلَنِي عَلَى
كَثِيرٍ مِّمَّنْ خَلَقَ تَفْضِيلًا (الترمذي)

Translation: All praise is for Allāh, who has protected me from what He has afflicted you with, and has greatly favoured me over many of His creation.

Virtue: Whoever reads this has been promised protection from the same affliction for as long as he lives.

Imām Abū Ja'far Al-Bāqir ؑ advised not to recite it aloud in the presence of the afflicted; rather, one should recite it silently.

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Defence against All Illnesses

Read the following du'ā frequently

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْجُنُونِ وَالْجُذَامِ، وَالْبَرَصِ
وَسَائِرِ الْأَسْقَامِ (النسائي)

Translation: O Allāh! I seek refuge in You from insanity, leprosy, vitiligo (development of pale white patches on the skin) and from all types of malicious illnesses.

Note: The last part of the du'ā includes all types of illnesses and diseases.

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Du‘ā for Protection

Read morning and evening once

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ، لَا قُوَّةَ إِلَّا بِاللَّهِ، مَا شَاءَ اللَّهُ كَانَ وَمَا لَمْ
يَشَأْ لَمْ يَكُنْ، أَعْلَمُ أَنَّ اللَّهَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ، وَأَنَّ اللَّهَ قَدْ
أَحَاطَ بِكُلِّ شَيْءٍ عِلْمًا (أبو داود)

Translation: Pure is Allāh (from any imperfection) and for Him is all Praise. There is no power (to do good deeds) except with the Help of Allāh. Whatever Allāh wills happens and whatever Allāh does not will does not happen. I know that Allāh has power over everything and that Allāh’s Knowledge encompasses everything.

Virtue: Whoever reads this in the morning will be protected until night, and whoever reads it at night will be protected until morning. © At-Tazkiyah

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

وَإِذَا سَأَلَكَ عِبَادِي عَنِّي فَإِنِّي قَرِيبٌ أُجِيبُ دَعْوَةَ الدَّاعِ إِذَا دَعَانِ

فَلْيَسْتَجِيبُوا إِلَيَّ وَلْيُؤْمِنُوا بِي لَعَلَّهُمْ يَرْشُدُونَ

When My servants ask you O Muhammad about Me, indeed I am near. I respond to the invocation of the supplicant when he calls upon Me. So let them respond to Me and believe in Me so that they may be guided. 2:186

We should never underestimate the power of Du'ā (supplication) as it is a plea from the heart of a Believer to the Creator of the Heavens and earth. Considering the current situation around the world, we have compiled a few Du'ās that can be read for protection and seeking refuge in Allāh ﷻ.

The Holy Prophet ﷺ used to make this Du'ā for **protection against illness**:

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْجُنُونِ وَالْبَرَصِ وَالْجُذَامِ وَسَيِّئِ الْأَسْقَامِ

O Allāh, I seek protection in You from leukoderma (vitiligo), insanity, leprosy and evil diseases.
(Abū Dāwūd)

The Messenger of Allāh ﷺ said, "Whoever reads (this Du'ā) **three times** in the morning and evening, nothing will harm him."

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيمُ

In the name of Allāh by whose name nothing in the Earth or the Heaven is harmed. And He is the All-Hearing, the All-Knowing. (Tirmizī, Abū Dāwūd)

Shaykul Hadeeth Mufti Shabbir Ahmad حفظه الله Sāhib has recommended this brief yet comprehensive Du'ā. It has been reported from Sayyidunā Abdullāh Ibn `Umar ﷺ that he would recite this Du'ā when leaving his home:

اللَّهُمَّ سَلِّمْ مِنِّي وَسَلِّمْ مِنِّي

O Allāh, keep me safe and keep others safe from me. (Al-Adabul Mufrad)



Shaykul Islām Mufti Taqi Uthmāni حفظه الله Sāhib has mentioned that a very pious man linked to Tabligh Jamā'at often sees the Holy Prophet ﷺ in his dreams. Like this, he saw the Holy Prophet ﷺ in a dream where he was instructed by him to recite the following for **protection against the Coronavirus (COVID-19)**:

Sūrah Al-Fātihah	3 times
Sūrah Al-Ikhlās	3 times
حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ "Allāh is sufficient for us and the best protector." (3:173)	313 times

دُعَاءُ أَنَسٍ رَضِيَ اللَّهُ تَعَالَى عَنْهُ

This is a very famous and powerful supplication that the Holy Prophet ﷺ taught Sayyidunā Anas ؓ for **seeking protection**. Whoever reads this Du'ā in the morning and in the evening, no oppressor will be able to harm them.

بِسْمِ اللَّهِ عَلَى نَفْسِي وَدِينِي، بِسْمِ اللَّهِ عَلَى أَهْلِي وَمَالِي وَوَلَدِي، بِسْمِ اللَّهِ عَلَى مَا أَعْطَانِي اللَّهُ،
اللَّهُ رَبِّي لَا أُشْرِكُ بِهِ شَيْئًا، اللَّهُ أَكْبَرُ اللَّهُ أَكْبَرُ اللَّهُ أَكْبَرُ وَأَعَزُّ وَأَجَلُّ وَأَعْظَمُ مِمَّا أَخَافُ وَأُحْذَرُ
عَزَّ جَارُكَ وَجَلَّ ثَنَاؤُكَ وَلَا إِلَهَ غَيْرُكَ، اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ شَرِّ نَفْسِي وَمِنْ شَرِّ كُلِّ شَيْطَانٍ
مَرِيدٍ وَمِنْ شَرِّ كُلِّ جَبَّارٍ عَنِيدٍ، فَإِنْ تَوَلَّوْا فَقُلْ حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ عَلَيْهِ تَوَكَّلْتُ وَهُوَ رَبُّ
الْعَرْشِ الْعَظِيمِ، إِنَّ وِلِيَّ اللَّهِ الَّذِي نَزَّلَ الْكِتَابَ وَهُوَ يَتَوَلَّى الصَّالِحِينَ ❁

The following Du'ā can be read if **afflicted by any illness or disease**:

اللَّهُمَّ رَبَّ النَّاسِ أَذْهِبِ الْبَأْسَ إِشْفِ أَنْتَ الشَّافِي لَا شِفَاءَ إِلَّا شِفَاؤُكَ شِفَاءً لَا يُغَادِرُ سَقَمًا

"O Allāh, Lord of mankind, remove all harm, cure as You are the One Who cures. There is no cure but Your cure. A cure that leaves no illness." (Bukhāri, Muslim)

